



Changing diapers, getting somewhere on time, making meals... It's so easy to become so focused on all the *present* demands of parenting that we forget to look ahead. We need to step back and keep a bigger picture in mind.

IMAGINE 18 YEARS FROM NOW...

Write a description of the type of person you'd like your child to grow up to be.
(Some examples: generous, forgiving, a good friend, a hard worker, loyal,...)

What we do today should be in line with who we want our kids to grow up to be. Let what you wrote above navigate how you raise your child.